

FOOD INVENTORY QUESTIONNAIRE:

Please indicate how often you and your child typically eat the following foods
 D = Daily W = Weekly M = Monthly 0 = Never

Food	Child	You	Food	Child	You	Food	Child	You
Milk (white of flavored)			Cauliflower			Ham, Pork		
Yogurt			Brussel Sprouts			Beef (steak, roast)		
Cottage Cheese			Lettuce			Eggs		
Cheese (any type)			Green Pepper			Tuna, fish		
Chocolate			Sauerkraut			Shellfish (shrimp, lobster, clams)		
Ice Cream or Sherbet			Greens (collard, chard)			Lima Beans		
Pudding			Beans (pinto, kidney)			Corn		
Soy Milk			Tofu, soybeans			Celery		
Soy Yogurt			Peanut Butter			Onion		
Apple			Peanuts, nuts, sunflower seeds			Eggplant		
Applesauce			Muffin, bagel, roll			French Fries/tater tots		
Apricot			Cold Cereal			Potato (baked, boiled)		
Banana			Oatmeal or Hot Cereal			Sweet potato, hams		
Cranberry Sauce			Poptart or Breakfast Bar			Please list any foods that your child eats that are not specified on the list:		
Grapes			Bread or Pita					
Grapefruit			Rice, white or brown					
Kiwi			Pasta (spaghetti, noodles)					
Mango			Crackers					
Nectarines			Pizza					
Oranges/Tangerines			Stuffing or filling					
Peaches			Candy (not chocolate)					
Pears			Donuts or Sweet rolls					
Strawberries			Pie					
Other berries			Cake					
Pineapple			Potato Chips					
Plums			Corn/tortilla chips					
Raisins			Cheese puffs/curls					
Watermelon			Pretzels					
Other melon			Cucumbers					
Chicken nuggets/fingers			Carrots					
Chicken, turkey			Broccoli					
Ground beef, hamburger			Coleslaw, Cabbage					
Sausage			Zucchini					
Hot dogs			Squash					
Bacon			Tomato					
Lunch Meat			Peas					